



InnerBalance is a upscale beauty studio in Pecanwood Golf Estate, offering a complete beauty make-over experience.

We are situated inside the clubhouse and offer 2 ultra-chic, ultra-comfortable treatment rooms with the finest equipment and state of the art treatments.

Endermologie Lippo massage Reshape the body

ENDERMOLOGIE® is a proven technique, which has been in use for about 12 years in Europe, United States, Asia, South America and is now in South Africa.

It uses a low-pressure vacuum pump to massage the skin between two motorized rollers, sucking it up into a fold or pleat. This rolling suction action reduces oedema in fat cells and increases the circulation, unblocking the blood and oxygen flow in the suffocated cellulitic tissues. The connective tissues are stretched, allowing the skin to go from the puckered look of cellulite to its normal smooth appearance.

The drainage of stagnant waste products via the lymphatic system and fine blood capillaries is also accelerated, resulting in more refined curves and a beautiful, toned skin. ENDERMOLOGIE® is already popular with many women worldwide.

Pepita Microdermabrasion for skin rejuvenation with no down time

A jet of micro crystals is propelled across the skin's surface to remove dead skin cells. The treatment is not painful and no topical anesthetic is needed. Leave the salon after your treatment with a rejuvenated and radiant skin. The treatment regenerates the epidermal structure of the skin cells. Effective in the treatment of fine wrinkles, acne scarring, hyper pigmentation, sun damaged skin and hands, stretch marks etc. For optimal results we recommend a course of treatments please ask your therapist for special package prices.

Radio Frequency and Cavitation Slimming therapy,

it is particularly designed for the reduction of stubborn fat deposits that won't go away with diet and exercise, such as abdomen, arms, thighs, back and hips. During each session only one area is treated. The procedure takes place in four stages.

Stage 1-2. The slimming treatment - Lipo cavitation and the -Polar RF lipolysis, dissolves fat cells and gives immediate slimming results.

Stage 3-4. Once the slimming treatment is finished the application of a vacuum drainage technique is used, followed by -Polar Radio Frequency skin tightening. This is the best approach to reduce cellulite and any sagging skin related to the loss of fat from that area.

Hydration is a very important component of the successful Cavitation treatment. You need to drink at least 2 litres of water a day, starting one week before your treatment. Choose an area you want to treat and start moisturising that area daily, after your morning shower, and at night.

DermaPen Skin Needling Rejuvenation

Skin Needling, also referred to as Collagen Induction Therapy (CIT) and Micro-Needling is aimed at stimulating the body's own collagen production to reduce the appearance of fine lines and wrinkles, stretch marks, skin laxity and scarring such as that caused by acne or chicken pox. It has also been successfully applied to the indication of hair restoration in cases of alopecia. There are a number of different devices, such as manual dermarollers or automated pen-like devices now available to the marketplace. The treatment introduces a series of fine, sharp needles into the skin. The needles are attached to a single use, sterile roller which is moved over the surface of the skin to create many microscopic channels or to a cartridge of needles arranged in a circle at the end of an automated device. This damage encourages the body to produce new collagen and elastin which generate new skin cells to repair itself; the skin becomes thicker, plumper and more youthful. costs for medical skin needling depend on the area(s) being treated and the type of device being used

NPM Scalp Tattooing Hair Follicle Simulation

offers an exciting new way to disguise your lack of hair, without resorting to unsightly toupees or expensive implants. Using hundreds of single dots of tattoo pigment, you can replicate the look of a newly shaven head, disguising male pattern baldness, scarring on the scalp and areas of hair loss or thinning.

Lashes / Nails & Waxing

Our Main Goal is to create a one stop Beauty Studio where ladies can Relax with a glass of champagne, have their Nails, waxing & Lashes done while the Men is playing golf. For nails that last I personally recommend the Acrylic layer with Colour Gel Polish Overlay over your Natural nails or Nail enhancements.

Massage with a touch of sound, every client will receive a headset with spa music to balance body and soul. variety of massage style is available - traditional Swedish Massage, Deep Tissue work, Hot Stone Massage, Reflexology, Pregnancy and others. We also offer facial and body treatments, Weight-loss & Wellness Nutrition evaluation

Post Golf Day Massage – Head Neck and Shoulder Massages is available when pre- booked in front of Pecanwood Half Way House after your Golf Day

Botox & Fillers

We are a Proud to announce that the well know Dr. Karen Bruyn is part of our Team, doing monthly visits to the Spa Studio assisting with Botox & Fillers.

Lamelle Chemical Peels

The InnerBalance Spa Studio has the latest in anti-aging products and techniques and all treatments is performed with Lamelle Medical Skin Care Range. Anri Mazzoncini specialise in Lamelle chemical Peels to treat and prevent Ageing, pigmentation and Acne, Microdermabrasion to Revitalize the skin with no Down time and DermaPen Skin Needling to treat wrinkles and fine lines and Scars.

Permanent Make-up, Microblading, Scalp Tattooing

Anri can also Enhance your features while your partner is playing golf, specializing in cosmetic tattooing since 2000, performing the following procedures.

HFS simulation treatments to improve the appearance of baldness, cosmetic facial tattooing (lips, Brows, Eyes, and Phi Brow Microblading), please view my Dermabalance Permanent make-up page for a Photo Gallery or send me a whats app 073 012 021 3

About the owner Anri Mazzoncini

- Anri Mazzoncini the owner of Inner Balance Pty since 2011 – Pecanwood Golf Estate
- Board member for Spcp.org PCASA South Africa 2010-2014
- She start working for Sun International Beauty Spa Camelot International in 2000
- She opened her own Beauty Spa in Rustenburg 2002 -2012
- She worked with the well know LamelleDr. Bradley Wagemaker since 2002
- Wrote her Permanent Make –up Exams in USA 2004 , Atlanta CPCP
- She is a qualified Beauty Therapist CIDESCO & SHAASHP 2000
- Qualified ASSESOR – 2007
- Attend international Beauty & Permanent Make-up Conferences
- 2004 Atlanta George
- 2007 Las Vegas
- 2016 Europe Greece – winner of the Best Lip Technique in Europe
- 2016 International Trainer Skin Needling France Toulouse
- 2017 Hosting International Phi Brow Microblading and Skin Needling Philings conference in South-Africa with Stavroula Gianniali
- 2017 Attending International Master Training in Israel Tel Aviv, Specialising in Male Hair Follicle simulation Treatment , to mimic Hair follicles on the scalp and better the appearance of baldness

How to Book

Because we are hands on therapist we prefer that you call or send us a whats app to pre-book your Treatment. Cell: 071 640 5795

To view our Price list please visit our Facebook page [InnerBalance SPA Pecanwood golf estate](#)

HOURS OF OPERATION

8h30 - 5h00 Tuesday- Friday

8h30 - 2h30 Saturday

Sunday by appointments only